

# KICK WITH US

Whether you're new to taekwondo or not, you probably would have seen taekwondo in many blockbuster action movies! Through the taekwondo classes, you will learn self-defence techniques and train your agility at the same time!



## TAEKWONDO

Instructor: Terence Tan

Time: Sunday, 9.00am to 10.00am

Price: 4 Sessions  
Member - \$64.20 w/GST  
Guest - \$85.60 w/GST

Venue: Aerobics Room

The commencement of the above-mentioned activity / promotion will be fully dependant upon the government's latest safe distancing measures.

For enquiries, please call **Sports and Recreation Department** at **6357 3566 / 567** or email **snr@rtc.com.sg**.